

# CAT MEWS

ASSOCIATION OF TOPEKA

## Tips for Giving Treats

Many things should be considered when giving your cat treats. How often should treats be given? How many treats can a cat have at a time? Are some treats healthier than others? Here are some tips to help decide.

Moderation is the best guideline to follow when giving treats. It is recommended that treats make up no more than 10% of a cat's calorie intake. That's not easy to determine because not all labels will give a calorie count. The average amount of one treat is 2 calories. Some package labels, though, will have a table of recommended amounts.

Once cats get a taste for treats, sometimes it's hard to keep them from begging for them. Try to make treat time special by only giving them 2 or 3 times a week, or give smaller amounts at a set time each day. Maybe offer the treats

as a reward after some exercise and play time. Stick to that schedule and don't give in to them when they beg.

You can also make treat time adventurous for your cats by putting the treats in food puzzles, or in stuffable toys. Cats love to hunt, and having to prize out their food can be very entertaining for them and give them exercise.

Giving treats after something they don't like can be a great way of apologizing to them. Some cats don't like getting their claws trimmed or taking medicine, so try soothing them by giving them treats afterwards.

Want a healthy and low calorie treat? Go green with catnip or oat

grass! Most cats love catnip, and both can easily be grown at home. C.A.T. sells fresh oat grass if you aren't sure about doing it yourself.

Of course, there are lots of treats to choose from, but it's up to your cat to decide what they like. It's probably a good idea to keep them hidden away, though, so they don't treat themselves!



Summer/Fall  
2017



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**Featured Cat: Brad Paisley, 13 years old**

## C.A.T.SIFIED ADS



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## ABOUT C.A.T.

### SHELTER HOURS

Tues-Fri: 11am to 5:30pm

Sat: 11am to 4pm

Cats can be seen after 12pm

### SUMMER HOURS

Memorial Day through Labor Day

Tues-Fri: Normal Hours

Sat: 11am to 2pm

CLOSED Sundays and Mondays

This publication is distributed through a mailing list.

It is also available at the shelter, online at our website, or through e-mail. To sign up for e-mail, send a message to [catmews@topekacat.org](mailto:catmews@topekacat.org). Please keep us up to date on address changes.

### BOARD OF DIRECTORS

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# New In The Shop!

We've added some great new items to our retail shop! Some of them were fun discoveries, while others were recommended and requested by customers.

New t-shirts with a cute word cloud design are in! The shirts are a nice comfortable fabric, and they've already gotten visitor's notice. Be sure to get one before they are gone.

Nature's Miracle Laundry Boost was recommended to us by a customer. Sometimes beloved kitties can be naughty, and this laundry additive has worked great for them in getting odors out! We are now keeping it in stock. Just a little bit goes a long way to getting rid of bad smells!

Catnip bubbles were requested by another customer. They are a fun twist on the traditional bubbles that you and your cats can enjoy. We've had several people try them out, so much that we keep coming close to selling out.

Cosmic Catnip Fishbones were a recent find when we were searching for something new to



offer. We sold out of the first order in a couple of weeks and quickly ordered more. They've been a hit for everyone's cats and the shelter cats here! In fact, our shop cats stole a few!

Be sure to stop in some time to check out our products. Every time you shop with us, you help our shelter cats!



## WISH LIST

Occasionally, we have shortages of supplies, especially those used most often like large trash bags and bleach.

If you would like to help with these supplies, consider joining our confidential e-mail alert list. When we run low, we'll e-mail an SOS about what supplies are needed. To be added to the list, send a message to [wishlist@topekacat.org](mailto:wishlist@topekacat.org).

- **Large yellow trash bags—BUY AT C.A.T.!**
- **1st-Class postage stamps**
- **High efficiency laundry soap**
- **Clorox Bleach**
- **Paper towels**
- **Finish brand dishwasher tablets**
- **Odoban disinfectant**
- Tidy Cats clay litter
- Special Diet Foods: Hill's® Science Diet® Senior, Light and Hairball Control dry; Prescription Diet® dry w/d®, i/d®, c/d®, d/d®, z/d®; canned a/d® and w/d®
- Plastic shopping bags from Sam's Club
- Hershey's or Kit Kat candy bars, bulk box



## 2018 C.A.T. Calendars NOW AVAILABLE! *Featuring some of our fabulous felines!*

Wall Calendars ~ \$14

CD Desktop Calendars ~ \$12

Pocket Planners ~ \$10

Great for holiday gifts!

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## Elf on the C.A.T. Shelf Deals!



Starting on Black Friday the Elf on the C.A.T. Shelf will start visiting our shop! Wherever you find him you'll also find 10% off that item!

Where could he be?  
In the treats? Among the cat toys?  
On the cat scratchers?

Be on the lookout when you  
shop at C.A.T.!

# HAPPY MEOWS

Tales of happy C.A.T. cats from their new homes



Hello, Just wanted to check in with you guys and remind you what a great cat Bell is. She loves playing fetch and cuddling. She's getting some age but still a healthy happy kitty! ~ Thanks, Mike Baker



A little over a year ago I adopted a cat (Mango) and my parents adopted her brother Cruiser. Today is their 2nd birthday and I just had to share some fun pictures of our last 1+ year together. My mom passed away a year ago and these cats have really helped us grieve. Thank you CAT for giving us an opportunity to have two amazing, feisty and fun cats in our life.

~ Ashley Krull

# Summer Fix Gives a Needed Boost

Our Summer Fix campaign to benefit our spay/neuter fund received a great response this year! With the funds received along with the money raised at this past year's Spayghetti, we have been able to provide over 200 spay/neuter vouchers this year for our World Spay Day event. That's still a little shy of our goal of providing 250 vouchers. It's not too late to make a donation to our spay/neuter fund and help get more kitties fixed!

We were so grateful for your support for our Fixer Upper campaign this summer. This is how your Fixer Upper Donations have been used:

- New signage with our new, updated logo including our street sign and on buildings
- Exterior upkeep of building—fixed shingles on the roof, repaired collapsed eaves, repaired baseboards
- Provided necessary exterior painting with updated colors to match our new logo
- Replaced flooring in east end of main building
- Medical expenses for fragile cats needing extra care

How we still need your support:

- Fencing around the HVAC unit that was vandalized and hopefully prevent any future attempts at theft
- Donations to our spay/neuter fund to continue reducing the cat overpopulation issue



The new signage replaced our old, faded sign. It's gotten lots of attention and many compliments on the new logo. It helps remind people "We Are Here."



The HVAC unit on our west building was vandalized recently. The damage was severe enough to require total replacement.

# HELP YOUR QUEEN OF THE JUNGLE DISCOVER

## THE GREAT INDOORS.

**Your new cat may be a lion at heart, but she's not a lion in size.**

Cats who are allowed to roam outdoors can get hit by cars, taken by predators, or just get lost. And firemen really can't spend all their time getting cats out of trees.

### **KEEP YOUR KITTY INSIDE.**

*The birdies will thank you. And you'll have a safer cat!*

Your humble abode can be a mini-panther's paradise. Give her a collar and tag, posts to scratch, stuffed mousies to bat, places to hide, safe plants to nibble, and activities to occupy that brilliant feline brain. A perch near a window will let her watch the birdies without ruffling their feathers.



# Save Your Best Choice Labels!

C.A.T. is now enrolled in the Best Choice Save-A-Label program! If you shop at grocery stores that carry Best Choice brand products, save the UPC labels! Then bring them to C.A.T.

You don't have to save the whole package. Just cut out the UPC label on the package and bring them to C.A.T. We will count them and bundle them until we have enough to send in.

For every 1,000 labels we submit, we can get \$30 back! The best part is, there is no limit. We can send in bundles of 1,000 as many times as possible each year. It's easy!



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## Other easy ways to help C.A.T.

- Bring your aluminum cans to C.A.T.! Please leave the label on food cans, and bag securely.
- Buy or sell on eBay? Contribute part of the sale to C.A.T. or give a donation at checkout!
- Like taking walks? Download the ResQWalk App to your smartphone! Your miles could add up to cash for the cats!
- Shop at Dillon's and have a Shopper's Card? Sign up for Community Rewards and part of your sales can go to C.A.T.! Just enter our NPO# 31986.



# This is for every donor to C.A.T. ...

This is for every penny picked up off the ground. For every cat who is given a “voice” because of C.A.T. A gift, no matter how small or large, just like the found “treasure” of a penny, it all adds up. To each and every donor comes a BIG thank you! So many stories, so many lives saved because of your generosity. Some have found their forever home at C.A.T.: Astra, Journee, Casey, Hootie, and Charlie, to name a few. They all have life and a safe place to be because of you.

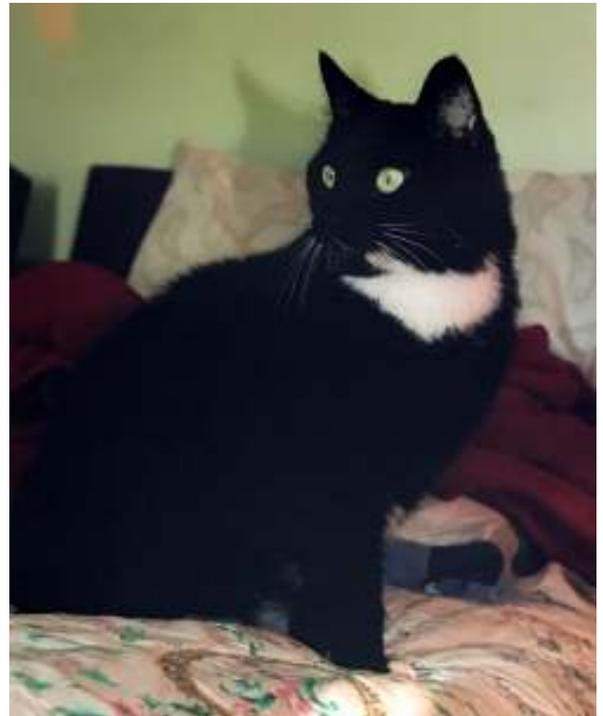
Here is April’s story. In 2013, a two-pound kitten was brought to C.A.T. with a hind limb injury. An x-ray revealed a BB lodged in her lower spine. It created nerve damage that resulted in partial paralysis of her lower body, the loss of a rear leg, and the inability to urinate. Four years later, she is alive and well. She has spent the past four years in a loving home and takes daily car rides to her owner’s job so she can have her bladder emptied during the day. Ironically, that BB changed her life for the better. If she had remained a stray, she probably would have already had four litters of kittens -- that is, if she had even survived this long outdoors. A small round object meant for harm turned into a safe home for her. Thanks to you and C.A.T.

Here is the story of Amora, a cat who at the age of twelve was relinquished by her owner because her owner didn’t have the finances to pursue further medical



treatment for Amora’s anorexia. C.A.T. provided all the medical treatment necessary to give her a chance. A liver ailment of unknown origin required extensive treatment, involving three to four months of force feeding via a stomach tube. Amora found her way into a caregiver’s heart and home, where she now resides in perfect health. Because of your generosity, she has this.

These are but two examples of the many stories. I am grateful to each and every one of the support staff and volunteers who tirelessly work to better the lives of all the cats fortunate enough to end up in their care, as well as you donors who make their efforts possible. I can’t say thank you enough to them or you. Because



of April and Amora, because of every cat who deserves a place to be cared for.

A heartfelt thanks,  
April and Amora’s  
grateful human

# Remembering The Cat Man

It will seem odd to anyone but a shelter worker to have cat litter bring up fond memories. To many of us here at C.A.T., it does just that.

This summer all of us

the rooms he cleaned as “my west wing cats.” He always had stories to tell about a cat in a room, but he never seemed to pick a favorite. He loved them all.

Of course, Duane and Janice adopted several cats through the years. One of the last was a handsome fellow, “Aspen,” who made himself right at home.

## CONTRIBUTIONS IN MEMORY OF DUANE EVANS MADE BY:

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Kathy Willis  
Jeannie & Jeff Griffith  
Mark Synovec  
Dennis & Janine McCartney  
Dana Hampton  
Pat Urban  
Nancy Manning  
Donna Vialle  
Tammy Seever  
Lynn Retz  
Marsha Reynolds, Canine Classics Dog Grooming  
Kathleen & Todd Williams  
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Jonee & James Phillips  
Darrell & Susan Schmitz  
Companion Animal Clinic  
Larry Dorr  
Sharn Markley & Tom Lane  
Nancy Pressgrove  
Rob Child

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had to say our last good-byes to a dear volunteer, Duane Evans. He and his wife, Janice, started supporting and helping C.A.T. 26 years ago. Janice serves on our board of directors, and both of them were tireless in their efforts.

For many years, Duane was there helping clean the cat rooms. When we moved to our current location 14 years ago, he often referred to

He also took care of our garden and lawn. Even during the hottest weather, Duane would be there once a week to mow the grass.

Duane was there for every fundraiser, helping out and showing his support, and he was always friendly with the staff and volunteers. He often made sure to tell them what good jobs they were doing and to thank them.

In the last two years, Duane could only help a little, but he insisted on making the weekly run to get our cat litter. The employees at the store started calling him “The Cat Man,” and he was. They miss him already, as do we, so very much. His kindness was his legacy, and all of us at C.A.T., and the cats, were blessed to have known him.

# PAW PRINTS IN THE HEART

We are thankful for these gifts to C.A.T. We wish to recognize the following contributions and honor those being remembered in this special way. All names are current as of December 31, 2016. Please contact us with any corrections.

## MEMORIALS

### Joyce Barr

Mrs. Gordon Williams  
Daniel & Cindy Adams  
Jean Viergever  
Terry & Carol Ronnebaum  
Gene & Joanne Barr  
Bernard Barr  
Sarah Barr

### Steven Brown

The Brewster Place, Family Medicine  
Mark & Mary Ramos  
Raymond & Katherine Essmau  
Richard & Carolyn Pate

### Frances Hargis

Ruth Maus

### Virginia Brobst-Mason

Donna Adams  
Els & Pat Patterson  
Carolyn Taylor  
Nancy Gammill  
Janice Diepenbrock  
Jeanne Worthington  
Sylvia Robertson  
Karen & Roland Swanson

## HONORARIUMS

### Happy Mother's Day to Lisa Parman

Dwight Parman

### Happy Birthday to Dana Hampton

Gayle Robinson  
Nancy Hampton  
Eric Berggren

### In honor of Dana Hampton

Lynn Retz

### Happy Birthday to Pat Urban

Jeannie Blanck-Griffith

## PET TRIBUTES

### "Buddy"

Lawrence Kassin

### "Alice" & "Kit Kat"

Marilyn Sharkey

### "Dakota" Bacon

Dr. Johnson and Dr. Kitterman, Paw Prints  
Animal Hospital

### "Guido" Jeffress

Nancy Metzler

### "Professor" Darrington

Vanessa, Justin, Kara, Joey, Karen B., Mary,  
Tom, Jeffrey, Eric, Sonya, Erin, Melanie, & Izzy

### "Koi" Moyer

Lindsay Moyer

### "Molly"

Judy Soule

### "Bear" McMullen

Allen & Chris McMullen

### "Sophie" Rand

Rhoda Wisman

### "Max" Post

Jeannie Blanck-Griffith  
Liz Post & Paul Bicknell

### "Popeye"

Marilyn Sharkey

### "Dexter" Schiefelbein

Jeannie Blanck-Griffith

### "Maggie" Willison

Stacy Jeffress

### "Boo" & "Tiki" Urban

Pat & Mike Urban

### "Jelli" Hellebust

Mary Jayne Hellebust

## C.A.T. CATS



It is with great sadness we share the passing of our much loved shelter cat, "Astra." Many people knew this sweet lady from their visits and shopping trips at C.A.T. She also had a big fan club on Facebook. We will miss her, as well as these other wonderful cats who had their homes with us.

### "Astra"

Dana Hampton  
Lynn Retz  
Jeannie Blanck-Griffith  
Kelly McPherron

### "Percy"

Dana Hampton

### "Goodman"

Jeannie Blanck-Griffith

### "Bumpers"

Jeannie Blanck-Griffith  
Beth Johnson

### "Max"

Lynn Retz

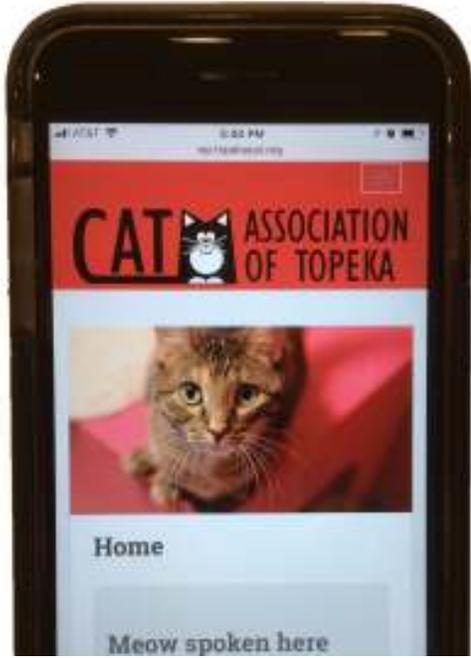
### "Todd"

Lynn Retz

### "Callie"

Lynn Retz  
Dana Hampton

# WHAT'S NEW?



C.A.T.'s website has been upgraded! Now compatible for mobile devices!

# MARK YOUR CALENDARS

Saturday, Dec. 2nd	<i>PetCo Outreach Booth, 12-3pm</i>
Saturday, Dec. 9th	<i>C.A.T.'s ANNUAL HAIR BALL! - Join us at St. David's Episcopal Church, 6-8 p.m. See pg. 4</i>
Saturday, Dec. 23rd- Monday, Dec. 25th	<i>CHRISTMAS HOLIDAY WEEKEND —C.A.T. will be closed so our staff can enjoy the holiday with their family. Meowy Christmas!</i>
Saturday, Jan. 6th	<i>PetCo Outreach Booth, 12-3pm</i>
Saturday, Feb. 3rd	<i>PetCo Outreach Booth, 12-3pm</i>

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